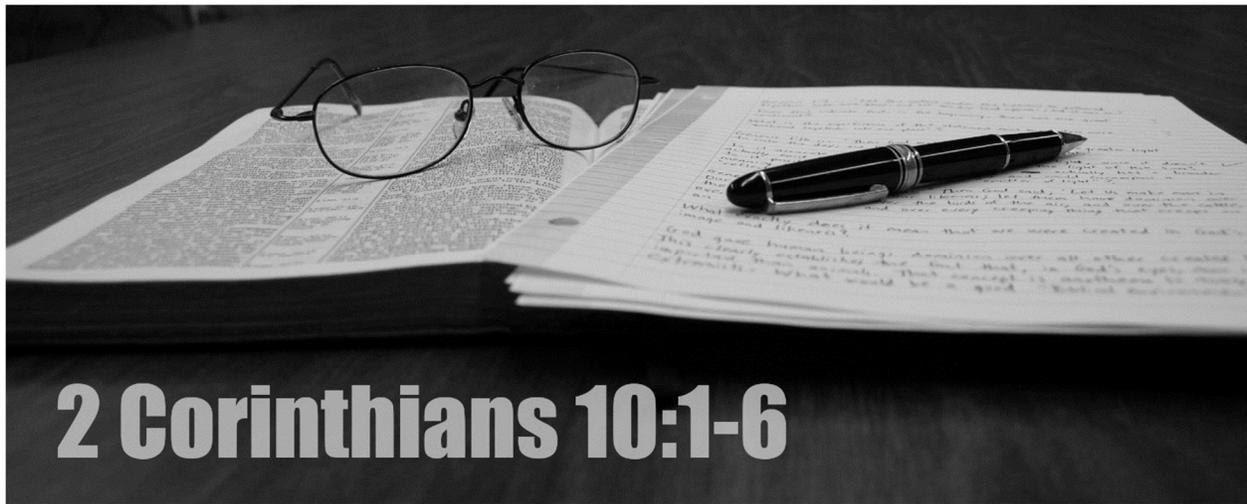


# FrankNJohnson.com

## LIFE APPLICATION WORKSHEET



### 2 Corinthians 10:1-6 :: Paul's Critics

<https://www.franknjohnson.com/2-corinthians-101-6-pauls-critics/>

#### S – SCRIPTURE

Slowly read Acts 18:1-7 and 1 and 2 Corinthians, paying special attention to places where Paul describes or refers to criticism he has received from others.

#### O – OBSERVATION

As you read, write down passages where Paul's critics are referenced and what their criticism was. Try not to refer to the blog post when you do this. When you're done, compare your list with the list I came up with in my blog post. If you noticed passages which speak of Paul's critics which were not included in my list, feel free to add them in the comments to the blog post.

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**O – OBSERVATION (continued)**

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**A – APPLICATION**

Do you experience criticism from others? Describe how others criticize you and how that makes you feel.

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How do you know people are criticizing you? Do people criticize you directly to your face? Do you overhear people criticizing you when they are speaking with others? Has someone told you that people are criticizing you, but you have not heard the criticism yourself? Are you assuming people are criticizing you without actually hearing them do so? All of these are valid possibilities. Identifying the reason you feel criticized is an important step in the process to coping with criticism.

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**A – APPLICATION (continued)**

Do you struggle with loneliness? What do you think are the main causes of your loneliness?

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Does your personality type contribute to your feelings of loneliness?

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Do you tend to surround yourself with people who struggle with the same issues as you do?

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What has your experience been in the church community? Do people within your church empathize with any mental health struggles you face and, if so, try to help you in your journey?

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Do you distance yourself from others because they are critical of you (or because your perception is that they are critical of you)?

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