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LIFE APPLICATION WORKSHEET



Letting Go Of Trouble You Can't Arrange https://www.franknjohnson.com/letting-go-of-trouble-you-cant-arrange/

S - SCRIPTURE

Slowly read Matthew 6:25-34 and Philippians 4:6-9.

O - OBSERVATION

otice that in both passages, we are urged to replace worry and anxiety with something else. Us ace below to detail what each passage tells us should be the "replacement" for worry and anxi	

A - APPLICATION

What causes you to worry and have anxiety? How can you replace your worry with seeking God's kingdom? What are some things you can focus on to replace your anxiety?
P – PRAYER
Write a prayer that addresses anything you mentioned in the Application section of this worksheet.